

SEPTEMBER 2018 MENUS

Sept 4-7

Monday	NO SCHOOL - LABOR DAY
Tuesday	WG French Toast Sticks, Sausage OR WG Cereal/Sausage, Fruit/Juice, Milk Nachos w/ Cheese Sauce or Bean Dip, Peas, Celery w/ PB, Peaches
Wednesday	Cereal WG Toast, Fruit/Juice, Milk Chicken Nuggets, Corn, FF and/or Swt. FF, Mandarin Oranges
Thursday	Breakfast Pizza OR WG Cereal/WG Muffin, Fruit/Juice, Milk Submarines, Mixed Vegetables, Gelatin, Pears
Friday	Omelet, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk Sloppy Joes on WG Bun, Green Beans, Chips, Applesauce

Sept 10-14

Monday	Cereal WG Toast, Fruit/Juice, Milk Ham Patty on WG Bun, Romaine Lettuce Salad, Tater Gems and/or Swt. Tater Gems, Applesauce
Tuesday	Breakfast Boat OR WG Cereal/WG Muffin, Fruit/Juice, Milk Tacos, Green Beans, Celery w/ PB, Peaches
Wednesday	Yogurt Parfait OR WG Cereal/WG Toast, Fruit/Juice, Milk Pork Patty on WG Bun, Mashed Potatoes w/ Gravy, Peas, Pineapple Tidbits
Thursday	Scrambled Eggs, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk Pizza, Black Bean Salad, Mandarin Oranges
Friday	Biscuits & Gravy OR WG Cereal/WG Muffin, Fruit/Juice, Milk Chicken Fajita, WG Rice, Broccoli w/ Cheese, Pears

Sept 17-21

Monday	French Toast Sticks, Sausage OR WG Cereal/Sausage, Fruit/Juice, Milk Pulled Pork Sandwich, FF and/or Swt. FF, Peas, Peaches
Tuesday	Cereal, WG Toast, Fruit/Juice, Milk Potato Bake, Ham Salad or Tuna Salad Sandwich, String Cheese, Pineapple Tidbits
Wednesday	WG Donut OR WG Cereal/WG Muffin, Fruit/Juice, Milk Chicken Drumstick, Green Beans, Mashed Potatoes w/ Gravy, Pears
Thursday	Yogurt Parfait OR WG Cereal/WG Toast, Fruit/Juice, Milk Pizza Crunchers, Corn, Romaine Lettuce Salad, Mandarin Oranges
Friday	NO SCHOOL

Sept 24-28

Monday	Scrambled Eggs, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk Chicken Patty on WG Bun, Mashed Potatoes w/ Gravy, Green Beans, Peaches
Tuesday	Toaster Pastry OR WG Cereal/WG Muffin, Fruit/Juice, Milk Mini Corn Dogs, Corn, Baked Beans, Applesauce
Wednesday	WG Pancake & Sausage on a stick OR WG Cereal/WG Toast, Fruit/Juice, Milk WG Spaghetti, WG Garlic Bread, Romaine Lettuce Salad, Pears
Thursday	WG Cereal, WG Toast, Fruit/Juice, Milk Hamburger on WG Bun, FF and/or Swt. FF, Tomatoes, Pineapple Tidbits
Friday	Breakfast Bar OR WG Cereal/WG Muffin, Fruit/Juice, Milk WG Stuffed Breadsticks w/ Marinara Sauce, California Blend, Mandarin Oranges